



# EMERGENCY MEDICAL TECHNICIAN COURSE

Dear Prospective EMT Student –

Thank you for your interest in the Rocky Mountain Resuscitation, LLC® Emergency Medical Technician (EMT) Course. The intention of the EMT certification program is to train an individual to function independently in a medical emergency. The course provides the basic knowledge and skills needed to deliver Basic Life Support (BLS) care and is required to progress to more advanced levels of prehospital patient care. This is a fun class, but it does require time and commitment both in and out of class.

The course requires a minimum of 150 hours of classroom and skills instruction and Clinical/Field rotations. For these rotations, you will need to ride an ambulance to obtain no less than ten (10) patient contacts. This course is setup to train individuals to serve as a vital link in the chain of the health care team. This includes all skills necessary to provide emergency medical care as an attendant-in-charge (AIC) on a BLS ambulance. This course requires students to bring a laptop/iPad/tablet to class and to be knowledgeable on using as students will be using electronic devices to access the book electronically, Learning Management System (LMS) and cognitive testing.

Eligibility to attend an Emergency Medical Technician course in Virginia requires that you must:

- (1) Be proficient in reading, writing, and speaking the English language.
- (2) Be a minimum of 16 years of age at the ending date of the certification course. If less than 18 years of age, you must provide the course coordinator with a completed parental permission form with the signature of a parent or guardian verifying approval for enrollment in the course.
- (3) Have no physical or mental impairment that would render them unable to perform all cognitive and psychomotor skills required for that level of certification.
- (4) Hold current certification in an Office of Emergency Medical Services approved Cardiopulmonary Resuscitation (CPR) course at the beginning date of the course. This certification must also be current at the time of state testing. You will be required to send in a copy of your CPR card with your application to ensure that it meets our requirements. If it does not or you do not have a card, you can take the class we provide.

The majority of the classes will be held at Rocky Mountain Resuscitation, LLC, located at 420 Hudgins Rd, Suite 217, Fredericksburg, VA 22408.

**Classes take place on Tuesday, Thursdays and every other Saturdays (the schedule is below).**  
Topic schedule may change, but the dates and times will remain.

We will offer a CPR Course on Saturday **4APR26** starting at 0900 until complete. If you are unable to attend our dates, you can take a course from another source but must bring a valid card the first day of class **9APR26**. If you need help finding an alternate CPR class, please let me know. If we have many conflicts, we will consider offering a second option. Just communicate if you need a class as soon as possible.

The cost for the course is \$1,400 is due in full on Tuesday 9APR26. This cost includes electronic textbook, CPR certification (if needed), initial testing fees, blood pressure cuff and stethoscope. This fee will be due on the first night of EMT class and you can pay via credit card, cash, Venmo, or check made out to Rocky Mountain Resuscitation.


Students must have access to a laptop, iPad, or tablet to complete required coursework, including accessing the textbook, submitting homework, and taking quizzes. Success in this course also requires a commitment to study and practice outside of scheduled class hours.

You are required to attend an informal interview. The informal interview (more of a meet and greet) will be Saturday 4APR26, the same day as CPR class. If you also need CPR your interview will be conducted after class. If this date does not work for you, we can schedule another day/time. Just communicate if you need another date for the interview as soon as possible. The attached schedule is the tentative days/subjects.

E-mail your applications to the course coordinator at [lance@rockymountainresus.com](mailto:lance@rockymountainresus.com). Anyone registering for this class must submit an application. If you do not have the capability to e-mail the application, please take a picture and text it to the below number. If you should have any questions, please feel free to contact the course coordinator listed below via email or text. If you need to talk or meet, please text the request and we will get something scheduled. By or before 1800 on 4APR26 you will be notified if you are accepted into EMT class.

*Lance D Lopez*

Lance Lopez, NRP  
CEO / Director of Training

 540-212-9025

 [lance@rockymountainresus.com](mailto:lance@rockymountainresus.com)

**Rocky Mountain Resuscitation, LLC**

## EMT COURSE APPLICATION

Please complete and email to Lance@rockymountainresus.com

**Full Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone #:** \_\_\_\_\_

**Date of Birth (must be 16 on last day class):** \_\_\_\_\_

**Member of a fire and/or EMS agency? YES / NO**

**If YES which one?** \_\_\_\_\_

**Email:** \_\_\_\_\_

**County of Residence:** \_\_\_\_\_

**Mandatory short meet and greet with instructors.**

\_\_\_ SAT 4APR26—time will be scheduled once application is received

\_\_\_ Unable to attend reason and available dates:  
\_\_\_\_\_

**Do you have current certification in one of the listed CPR courses? (AHA, ASHI, HSI, ARC)**

**Yes** \_\_\_ If yes, attach a copy of your card to your application (Must be valid through Jun26)

**No** \_\_\_ If no, please check which class you will attend:

\_\_\_ SAT 4APR26— 9AM until completion

\_\_\_ Need class, but cannot make 4APR26

**Please Answer:**

Why do you want to take the NREMT class?

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Will you have time to study outside of class? Do you have time to practice outside of class hours?

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What do you intend to do with your NREMT Certification? Interested in volunteering?

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You are required to bring a tablet, iPad or laptop to class.

Have you used a Learning Management System (LMS) such as CANVAS?

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Signed: \_\_\_\_\_ Date: \_\_\_\_\_

My signature above certifies that I meet the minimum requirements listed on the information sheet.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Parent or guardian's signature if under 18 years of age.

## Class Rules

1. All students and instructors are to be treated with respect at all times. Professional conduct is expected throughout the course.
2. All laptops, iPads, and tablets must be muted and used solely for class-related activities. Devices should not be a distraction. Cell phones must be on silent. Texting during class is not permitted. If you need to take a call, please step out quietly.
3. Students must wear appropriate clothing that allows for full participation in practical exercises and is not distracting to others. Uniforms, consisting of EMS pants and a student shirt, will be discussed on the first day of class and will be required starting two weeks after the course begins.
4. Students must wear the issued uniform, including dark slacks (no jeans), a uniform shirt, and closed-toe shoes during all lecture, field, and clinical sessions. While on roadways during field shifts, students must also wear a reflective vest identifying their student status.
5. Disruptive behavior will not be tolerated. Continued disruption may result in disciplinary action, up to and including removal from the program.
6. Active participation in lectures, discussions, and hands-on sessions is expected. Students are encouraged to ask questions and engage with the course content.
7. Students are expected to arrive to class on time. Arriving more than 20 minutes late is considered an absence.

**Evening Classes:** 6pm-9:30pm

**Daytime Classes:** 8am-4pm

**\*\*\*\* Any Classes deviating from this standard will be indicated as such in the course schedule.**

8. Missed classes (tardy and absences) may not exceed more than 10% in class course hours (15 hours).
9. To qualify for the Certification Examination, students must maintain a minimum overall average of 75% and obtain approval from the course instructor.
10. If a student receives a failing score on an exam, they will be allowed one opportunity to retest prior to the next scheduled class. If the retest is also failed, the student must complete a remediation packet to demonstrate satisfactory understanding of the material. **Remediation will be offered no more than twice during the course.** If a third exam is failed, the student will be recommended for removal from the program.
11. If a submitted remediation packet does not demonstrate satisfactory understanding of the material, as determined by the reviewing panel, the student will be recommended for removal from the program.
12. Anyone who falsifies information or is found to be cheating the student will be immediately removed from the program.
13. All classes will be held at Rocky Mountain Resuscitation, LLC unless otherwise specified.
14. Textbooks and course materials:

Each student is expected to report to class with:

- Textbook (eBook or hard copy)
- Medium for note taking (electronic or paper)
- Writing implement and watch (with a second hand)
- Stethoscope and BP Cuff

15. This course is designed to be engaging and enjoyable, but it also requires a significant commitment outside of class for studying and practice. Forming study groups is strongly encouraged to support learning and success.

Print & Sign: \_\_\_\_\_ Date: \_\_\_\_\_

My signature above certifies that I read and will follow the class rules.

Print & Sign: \_\_\_\_\_ Date: \_\_\_\_\_

Parent or guardian's signature if under 18 years of age.

**Rocky Mountain Resuscitation, LLC®.**  
**Spring Emergency Medical Technician Class Schedule**  
**Instructor: Lance Lopez, NRP, TP-C**

Date	Day of the Week	Class Topics	Chapter Topics
4/9/26	Thursday	First Night Paperwork, Ch 1	First night PPWK, OEMS/NREMT/Books, Ch 1 Intro to EMS
4/11/26	Saturday	Chapter 2, 3, 4, 5	Ch 2 Well-Being of EMT; Ch 3 Lifting & Moving Patients; Ch 4 Medical/Legal; Ch 5 Medical Terminology
4/14/26	Tuesday	Chapter 6 & 7	Ch 6 Anatomy & Physiology, Ch 7 Pathophysiology
4/16/26	Thursday	Chapter 8, 9, 10	Ch 8 Life Span Development, Ch 9 Airway, Ch 10 Respirations and Artificial Ventilation
4/21/26	Tuesday	Chapter 17 & 18	Ch 17 Communication and Documentation, Ch 18 General Pharmacology
4/23/26	Thursday	Chapter 11, 12, 13	Ch 11 Scene Size Up, Ch 12 Primary Assessment, Ch 13 Vital Signs and Monitoring Devices
4/25/26	Saturday	Chapter 14, 15, 16, 19	Ch 14 Principles of Assessment, Ch 15 Secondary Assessment, Ch 16 Reassessment, Ch 19 Respiratory Emergencies. <b>Can Start Scheduling Ride Alongs</b>
4/28/26	Tuesday	Chapter 20 & 22	Ch 20 Cardiac Emergencies, Ch 22 Diabetic Emergencies and Altered Mental Status
4/30/26	Thursday	Chapter 21 & 23	Ch 21 Resuscitation: Airway, VS, Asment, Cardiac Arrest, Ch 23 Allergic Reaction
5/5/26	Tuesday	<b><u>Test 1-10, 17 &amp; 18 Due</u></b>	<b>No Class.</b>
5/7/26	Thursday	Chapter 24 & 25	Ch 24 Infectious Disease and Sepsis, Ch 25 Poisoning and Overdose Emergencies
5/9/26	Saturday	Chapters 26-29	Ch 26 Abdominal Emergencies, Ch 27 Behavioral and Psychiatric Emergencies and Suicide, Ch 28 Hematologic and Renal Emergencies, Ch 29 Bleeding and Shock
5/12/26	Tuesday	Chapters 30 & 31	Ch 30 Soft Tissue Trauma, Ch 31 Chest and Abdominal Trauma
5/14/26	Thursday	Chapter 32 & 33	Ch 32 Musculoskeletal Trauma, Ch 33 Trauma to the Head, Neck, and Spine
5/19/26	Tuesday	<b><u>Test 11-16, 19-24 Due</u></b> Chapter 34 & 35	Ch 34 Multisystem Trauma, Ch 35 Environmental Emergencies
5/21/26	Thursday	Chapter 36 & 37	Ch6 Obstetric & Gynecologic Emergencies, Ch 37 Emergencies for PTs W/ Special Challenges
5/23/26	Saturday	<b>Memorial Day Weekend</b>	<b>No Class.</b>
5/26/26	Tuesday	Chapter 38 & 40	Ch 38 EMS Operations, Ch 40 Highway Safety and Vehicle Extrication
5/28/26	Thursday	<b><u>Test 25-36 Due</u></b> Chapter 39 & 41	Ch 39 MCI/IM, Ch 41 EMS Response to Terrorism
5/30/26	Saturday	MCIM	MCIM I followed by Medical and Trauma Assessments
6/2/26	Tuesday		No Class.
6/4/26	Thursday	Skills Day	Skills practice
6/9/26	Tuesday	Skills Day	Skills practice
6/11/26	Thursday	<b><u>Exam Final (1-41)</u></b>	Last Night PPWRK- Exam and collect 10 patient contacts
6/13/25	Saturday	<b><u>Final Psychomotor -</u></b> <b><u>potential retest in cognitive exam</u></b>	GOOD JOB, EVERYONE!!
6/16/26	Tuesday	Psychomotor Retest	

\*Rocky Mountain Resuscitation, LLCe Spring 2026 Emergency Medical Technician Class Schedule  
Subject to change, will notify participants as soon as changes become available

**Disabled Veteran Owned Business**

Contact: Lance Lopez  
Phone: 540-212-9025  
Email: lance@rockymountainresus.com  
Web: rockymountainresus.com

