



EMERGENCY MEDICAL TECHNICIAN COURSE

Dear Prospective EMT Student –

Thank you for your interest in the Rocky Mountain Resuscitation, LLC Emergency Medical Technician (EMT) course. The intention of the EMT certification program is to train an individual to function independently in a medical emergency. The course provides the basic knowledge and skills needed to deliver Basic Life Support (BLS) care and is required to progress to more advanced levels of prehospital patient care. This is a fun class, but it does require time and commitment, both in and out of class.

The course requires a minimum of 135 hours of classroom and skills instruction and Clinical/Field rotations. For these rotations, you will need to ride an ambulance to obtain no less than ten (10) patient contacts. This course is setup to train individuals to serve as a vital link in the chain of the health care team. This includes all skills necessary to provide emergency medical care as an attendant-in-charge (AIC) on a BLS ambulance. This course requires students to bring a laptop/iPad/tablet to class and to be knowledgeable on using as students will be using electronic devices to access the book electronically, Learning Management System (LMS) and cognitive testing.

Eligibility to attend an Emergency Medical Technician course in Virginia requires that you must:

- (1) Be proficient in reading, writing, and speaking the English language.
- (2) Be a minimum of 16 years of age at the ending date of the certification course. If less than 18 years of age, you must provide the course coordinator with a completed parental permission form with the signature of a parent or guardian verifying approval for enrollment in the course.
- (3) Have no physical or mental impairment that would render them unable to perform all cognitive and psychomotor skills required for that level of certification.
- (4) Hold current certification in an Office of Emergency Medical Services approved Cardiopulmonary Resuscitation (CPR) course at the beginning date of the course. This certification must also be current at the time of state testing. You will be required to send in a copy of your CPR card with your application to ensure that it meets our requirements. If it does not or you do not have a card, you can take the class we provide.

Classes will be held at Rocky Mountain Resuscitation, LLC, located at 420 Hudgins Rd, Suite 217, Fredericksburg, VA 22408.

Classes take place on Tuesday, Thursdays and every other Saturdays (the schedule is below).
Topic schedule may change, but the dates and times will remain.

The total cost of the course is \$1,500 and is due in full by Tuesday, September 29, 2026. Tuition includes the electronic textbook, CPR certification (if needed), initial testing fee, blood pressure cuff, and stethoscope. Payment may be made by credit card, cash, Venmo, or check payable to Rocky Mountain Resuscitation.

Students who are 18 years of age or older may have the opportunity to complete an emergency department clinical rotation at Mary Washington Hospital. Participation in this clinical experience requires proof of required immunizations and a negative drug screening. The drug screening fee is \$55 and is not included in the cost of tuition, as participation in the emergency department clinical is optional and not required to complete the course.

Students must have access to a laptop, iPad, or tablet to complete required coursework, including accessing the textbook, submitting homework, and taking quizzes. Success in this course also requires a commitment to study and practice outside of scheduled class hours.

You are required to attend an informal interview. The informal interview (more of a meet and greet) will be Saturday Sep 26 by appointment. If this date does not work for you, we can schedule another day/time. Just communicate if you need another date for the interview as soon as possible. The attached schedule is the tentative days/subjects.

E-mail your applications to the course coordinator at lance@rockymountainresus.com. Anyone registering for this class must apply. If you do not have the capability to e-mail the application, please take a picture and text it to the below number. If you should have any questions, please feel free to contact the course coordinator listed below via email or text. If you need to talk or meet, please text the request and we will get something scheduled. By or before 1800 on Sept 29 you will be notified if you are accepted into EMT class.



Lance Lopez, NRP
CEO / Director of Training
540-212-9025
Lance@rockymountainresus.com
Rocky Mountain Resuscitation, LLC

EMT COURSE APPLICATION

Please complete and email to Lance@rockymountainresus.com

Full Name: _____

Address: _____

Phone #: _____

Date of Birth (must be 16 on last day class): _____

Member of a fire and/or EMS agency? YES / NO

If YES which one? _____

Email: _____

County of Residence: _____

Mandatory short meet and greet with instructors.

___ SAT Sept 26—time will be scheduled once application is received

___ Unable to attend reason and available dates:

Do you have current certification in one of the listed CPR courses? (AHA, ASHI, HSI, ARC)

Yes ___ If yes, attach a copy of your card to your application (Must be valid through Jan27)

No ___ If no, there will be a class held Saturday, Oct 10th

Please Answer:

Why do you want to take the NREMT class?

Will you have time to study outside of class? Do you have time to practice outside of class hours?

What do you intend to do with your NREMT Certification? Interested in volunteering?

You are required to bring a tablet, iPad or laptop to class.

Have you used a Learning Management System (LMS) such as CANVAS?

Signed: _____ Date: _____

My signature above certifies that I meet the minimum requirements listed on the information sheet.

Signed: _____ Date: _____

Parent or guardian's signature if under 18 years of age.

Class Rules

1. All students and instructors are to be always treated with respect. Professional conduct is expected throughout the course.
2. All laptops, iPads, and tablets must be muted and used solely for class-related activities. Devices should not be a distraction. Cell phones must be on silent. Texting during class is not permitted. If you need to take a call, please step out quietly.
3. Students must wear appropriate clothing that allows for full participation in practical exercises and is not distracting to others. Uniforms, consisting of EMS pants and a student shirt, will be discussed on the first day of class and will be required starting two weeks after the course begins.
4. Students must wear the issued uniform, including dark slacks (no jeans), a uniform shirt, and closed-toe shoes during all lecture, field, and clinical sessions. While on roadways during field shifts, students must also wear a reflective vest identifying their student status.
5. Disruptive behavior will not be tolerated. Continued disruption may result in disciplinary action, up to and including removal from the program.
6. Active participation in lectures, discussions, and hands-on sessions is expected. Students are encouraged to ask questions and engage with the course content.
7. Students are expected to arrive to class on time. Arriving more than 20 minutes late is considered an absence.

Evening Classes: 6pm-9:30pm

Daytime Classes: 9am-4pm

****** Any Classes deviating from this standard will be indicated as such in the course schedule.**

8. Missed classes (tardy and absences) may not exceed more than 10% in class course hours (13.5 hours).
9. To qualify for the Certification Examination, students must maintain a minimum overall average of 75% and obtain approval from the course instructor.
10. If a student receives a failing score on an exam, they will be allowed one opportunity to retest prior to the next scheduled class. If the retest is also failed, the student must complete a remediation packet to demonstrate satisfactory understanding of the material. **Remediation will be offered no more than twice during the course.** If a third exam is failed, the student will be recommended for removal from the program.
11. If a submitted remediation packet does not demonstrate satisfactory understanding of the material, as determined by the reviewing panel, the student will be recommended for removal from the program.
12. Anyone who falsifies information or is found to be cheating the student will be immediately removed from the program.
13. All classes will be held at Rocky Mountain Resuscitation, LLC unless otherwise specified.
14. Textbooks and course materials:
Each student is expected to report to class with:
 - Textbook (eBook or hard copy)
 - Medium for note taking (electronic or paper)
 - Writing implement and watch (with a second hand)
 - Stethoscope and BP Cuff
15. This course is designed to be engaging and enjoyable, but it also requires a significant commitment outside of class for studying and practice. Forming study groups is strongly encouraged to support learning and success.
16. A \$250 non-refundable deposit is required to reserve a seat and obtain access to course materials. Students who withdraw before the first day of class will receive a \$1,250 refund. No refunds will be issued after the first week of the program, as the student's seat cannot be filled and course materials have already been issued. All withdrawal requests must be submitted in writing.

Print & Sign: _____ Date: _____

My signature above certifies that I read and will follow the class rules.

Print & Sign: _____ Date: _____

Parent or guardian's signature if under 18 years of age.

Rocky Mountain Resuscitation, LLC®.
Fall Emergency Medical Technician Class Schedule
Instructor: Lance Lopez, NRP, TP-C

Date	Day of the Week	Class Topics	Chapter Topics
10/6/26	Tuesday	First Night Paperwork, Ch 1	First night PPWK, OEMS/NREMT/Books, Ch: 1 Intro to EMS
10/8/26	Thursday	Chapter 2 & 3	Ch 2: Well-Being of EMT, Ch 3: Lifting & Moving Patients
10/10/26	Saturday	BLS Chapter 4 & 5	Basic Life Support (BLS) Ch 4: Medical/Legal, Ch 5: Medical Terminology
10/13/26	Tuesday	Chapter 6, 7, 8	Ch 6: Anatomy & Physiology, Ch 7: Pathophysiology, Ch 8: Life Span Development
10/15/26	Thursday	Chapter 9 & 10	Ch 9: Airway Management, Ch 10: Respiration and Artificial Ventilation
10/20/26	Tuesday	Chapter 11, 12, 14	Ch 11: Scene Size-Up, Ch 12: Primary Assessment, Ch 14: Principles of Assessment
10/22/26	Thursday	Chapter 13, 15, 16	Ch 13: Vital Signs and Monitoring, Ch 15: Secondary Assessment, Ch 16: Reassessment
10/24/26	Saturday	Chapter 17, 18, 19 <u>Can Start Ride Alongs After Class</u>	Ch 17: Communication/Documentation, Ch 18: General Pharmacology, Ch 19: Respiratory Emergencies. SKILLS: Airway Management and Primary Assessments
10/27/26	Tuesday	Chapter 20 & 21	Ch 20: Cardiac Emergencies, Ch 21: Resuscitation SKILLS: CPR
10/29/26	Thursday	Chapter 22, 23, 24	Ch 22: Diabetic Emergencies and Altered Mental Status, Ch 23: Allergic Reaction, Ch 24 Infectious Diseases and Sepsis
11/2/26	Tuesday	<u>Test 1-20 Due</u>	No Class
11/5/26	Thursday	Chapter 25 & 26	CH 25: Poisoning and Overdose Emergencies, Ch 26: Abdominal Emergencies
11/7/26	Saturday	Chapter 27, 28, 29, 30	Ch 27: Behavioral/Psychiatric Emergencies, Ch 28: Hematologic/Renal Emergencies, Ch 29: Bleeding/Shock, CH 30: Soft-Tissue Trauma. SKILLS: Bleeding Control
11/10/26	Tuesday	Chapter 31 & 32	Ch 31: Chest/Abdominal Trauma, Ch 32: Musculoskeletal Trauma
11/12/26	Thursday	Chapter 33, 34, 35	Ch 33: Trauma to Head/Neck/Spine, Ch 34: Multisystem Trauma, Ch 35: Environmental Emergencies
11/17/26	Tuesday	Chapter 36 & 37	Ch36 Obstetric & Gynecologic Emergencies, Ch 37 Emergencies for PTs W/ Special Challenges
11/19/26	Thursday	Chapter 38, 39*, 40	CH 38: EMS Operation, Ch 39: Hazardous Material, Ch 40: Highway Safety and Vehicle Extrication
11/21/26	Saturday	MCIM	State MCI Training Followed by Psychomotor Practice
11/24-26/2026	Tues/Thur	Thanksgiving Week	No Class
12/1/26	Tuesday	<u>Test 21-40 Due</u>	No Class
12/3/26	Thursday	Skills Day	Medical/Trauma Assessment
12/5/26	Saturday	Skills Day	SKILLS: AM Medical/Trauma Assessments, Airway Management SKILLS: PM Backboarding, Splinting/Hemorrhage Control, CPR
12/8/26	Tuesday	Skills Day	SKILLS: Medical/Trauma Assessments, Airway Management
12/10/26	Thursday	Skills Day	SKILLS: Backboarding, Splinting/Hemorrhage Control, CPR
12/15/26	Tuesday	Skills Day	Dealers Choice
12/17/26	Thursday	<u>Cognitive Exam</u>	Last Day Paperwork and Fnal Exam. Ride Along Sheets Due
12/19/26	Saturday	<u>Psychomotor Exam</u>	GOOD JOB EVERYONE!!!

* Headmist ONLY from Chapter 39

Rocky Mountain Resuscitation, LLC® Fall 2026 Emergency Medical Technician Class Schedule Subject to change,
will notify participants as soon as changes become available

Disabled Veteran Owned Business

Contact: Lance Lopez
Phone: 540-212-9025
Email: lance@rockymountainresus.com
Web: rockymountainresus.com

